



Queensland Regional Buddhist Groups

Bundaberg



Teacher, Venerable Tenzin Namdag, an Australian Buddhist nun in the tradition of His Holiness the Dalai Lama

Public Talk

Friday 6 October – 6.30pm for 7pm start
School of Arts, Bourbong Street, Bundaberg
Entry by donation

Protection and Guidance

WHAT: The sessions will consist of information, discussion and meditation in a friendly, supportive environment.

WHEN: Saturday 7 October from **11am – 3pm**
Sunday 8 October from **11am – 3pm**

WHERE: School of Arts, Bourbong Street, Bundaberg

COST: \$150.00

WHY: To train our minds so that we can lead happier, more productive healthy lives.

Please bring a plate of finger food to share for lunch on both days.

For further information and to book

Contact: Gwenda on 0400 097 416